

Climate Health Adaptation Planning in Michigan

CLIMATE HEALTH ADAPTATION PLANNING IN MICHIGAN Training for Local Planners and Decision Makers

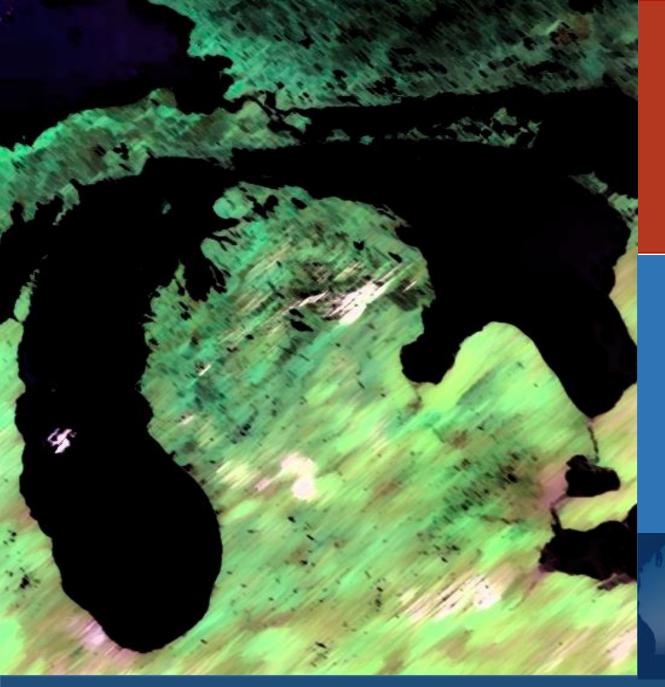


June 2 Lansing, MI

Today's Presenters

Katie Sieb (ksieb@liaa.org) Community Planner at LIAA (Land Information Access Association) In Traverse City, MI

Aaron Ferguson (FergusonA1@michigan.gov) Program Manager, Climate & Health Adaptation Program Michigan Dept. of Health and Human Services



Planning for Resilient Communities

Learning, Adapting & Thriving

A new way of viewing the master plan process, focusing on **adaptation** in the face of changing conditions and circumstances.



LIAA Land Information Access Association



Michigan Climate & Health Adaptation Program Preparing for the Public Health Impacts of Climate Change

Through support from the Centers for Disease Control and Prevention (CDC), MI-CHAP is building a climate-resilient public health system for Michigan at the state, local health department, and community levels.

Climate and Health Implications for Michigan Communities





Extreme heat events Flooding Infectious disease Air quality issues Reductions in crop yield Negative impacts on trees Increased wildfire risk Waterborne diseases

The Detroit News ve ve never dealt with **Tigers** again auren Baca dies at 89 Creditor bares teeth in Chap. 9 objection City lawyer dispute Syncora claim of ufficted mediators

Overview of Today's Training

- Intersection of Planning and Public Health
- Climate Trends (National and Regional)
- Projected Health Impacts
- Tools for Planners and Health Officials to address Climate Challenges
- Ideas for Implementing Positive Public Health Outcomes (political realities, funding, etc.)
- Feedback on Michigan Health Adaptation Plan

Goals for Today: 1. Gain familiarity of climate projections and health impacts. 2. Identify ways to advocate for positive public health outcomes. 3. Leave with implementable ideas for addressing public health issues in your community.

Each Packet Includes:

- Agenda
- Handout describing the Climate Health Adaptation Training
- 1 copy of the presentation slides
- Activity #1: Climate Impacts at the Local Level
- Activity #2: Using Scenarios to Develop Solutions
- Activity #3: Guidance on the MI-CHAP Adaptation Plan
- HIAs to Enhance Health Outcomes Examples from Three Michigan Communities
- Regional Climate Trends for Southwest Lower Michigan
- Site Plan Review Reference Guide (Monroe County)
- Resources Handout
- Training Feedback Form
- Master Citizen Planner Credit Request Form



Historical origins of planning are rooted in Public Health

Late 1800's response to deplorable urban living conditions.

Concerned with water sanitation, minimum housing standards, light and air quality, industrial plant safety, welfare of employees.

Resulted in municipal regulation of land uses.



Contemporary Land Use Decisions

Have resulted in many public health issues we face today.





CLIMATE HEALTH ADAPTATION PLANNING IN MICHIGAN

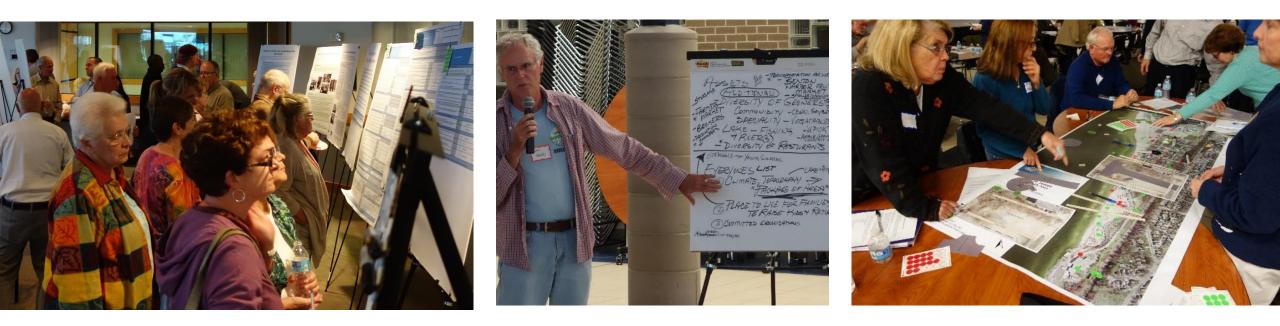


EMERGING ISSUES 21st Century

- Aging Population
- Placemaking (places, to live, work and play)
- Move to Urban Centers
- Sustainable/Reuse
- Aging Infrastructure
- Health and Access to Food
- Global Economy
- Energy
- Climate Change
- Resilience and Adaptation

Role of the Planner in Public Health

Planner as a convener Planner as an information sharer and policy practitioner



Role of Public Health Officials

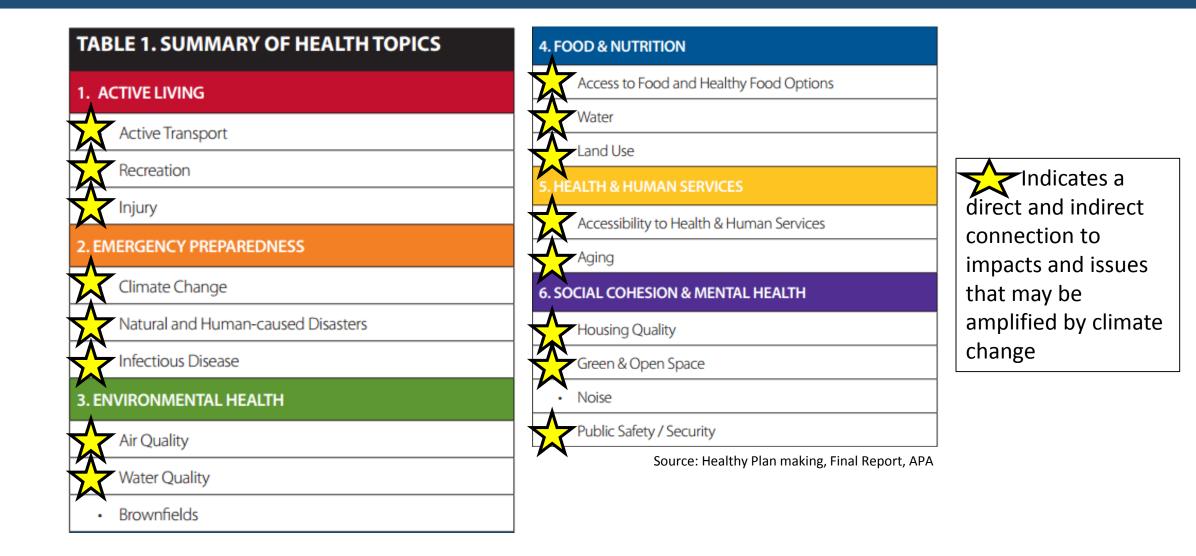
"We are the frontline in population-based public health, the community is our patient."

Public Health Departments in Michigan focus on:

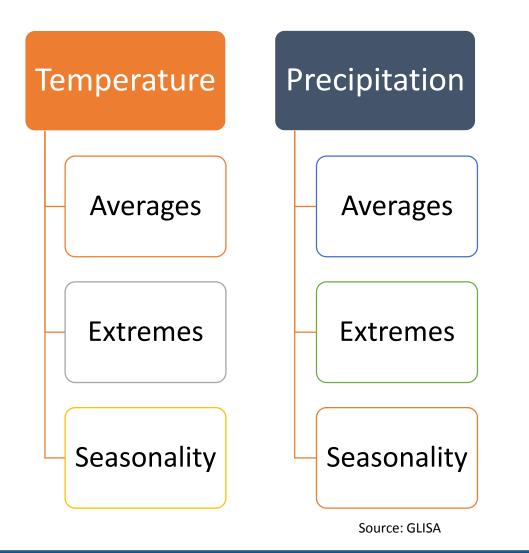
- **1. Prevention-** reduce or eliminate a health concern before an issue arises.
- **2. Response -** Protect the whole community including the people, land, and natural resources within that community. (population-based approach)
- **3.** Partnerships form collaborative partnerships in the community to address health issues.

More information at Michigan Association for Local Public Health http://www.malph.org/

Health and Planning Areas of Overlap



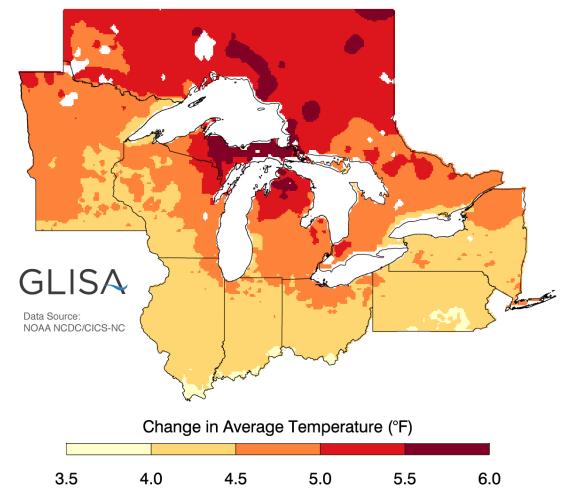
Climate - What has Changed?



Scientists often discuss changes in terms of averages, but *our environments are managed in terms of extremes*.

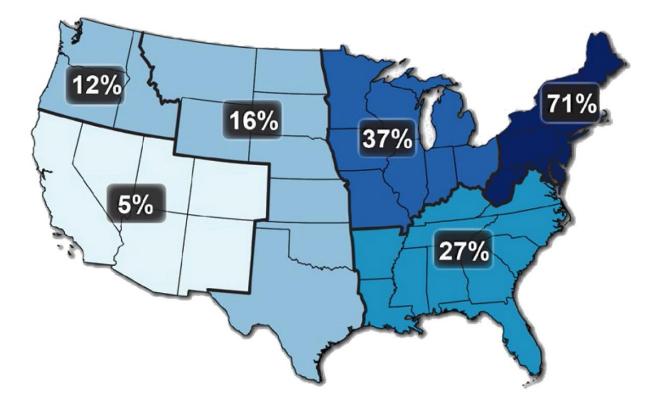
CLIMATE HEALTH ADAPTATION PLANNING IN MICHIGAN | Training for Local Planners and Decision Makers

Projected Change in Average Temperature Period: 2041-2070 | Higher Emissions: A2



Rising Average Temperatures





From the 3rd National Climate Assessment, 2014

Slide Source: GLISA

Increases in Extreme Precipitation

37% Observed Precipitation Increase in the Highest 1% of Storms 1958-2012

37-46%

Projected Increase in Number of Days with 2 Inches or More of Precipitation by 2050



Michigan State Climatologist, Dr. Jeff Andresen, speaking at a public meeting in St. Joseph.

Tips for Talking about Climate Change

- Focus on data, not politics (not why its happening, but what is happening)
- Talk about impacts of climate change without saying the word climate change (e.g., increased stormwater runoff)
- Focus on **local solutions** to global issues
- Visual cues of recent events (i.e. flooding damage, etc.)
- Stakeholders can describe how the climate is impacting their job (e.g. farmers, public works officials)
- Focus on identifying actions of no regret and nonclimate benefits of actions
- Acknowledge the uncertainty of climate science

Sources for Climate Data

International Resources:

International Panel on Climate Change: <u>http://www.ipcc.ch/</u> Union of Concerned Scientists: <u>http://www.ucsusa.org/global_warming</u>

National Resources

NOAA: <u>http://www.education.noaa.gov/Climate/</u> National Climate Assessment: <u>http://nca2014.globalchange.gov/</u> AAAS (American Association of the Advancement of Science): <u>http://whatweknow.aaas.org/get-the-facts/</u> Climate Adaptation Knowledge Exchange (CAKE) features a wide variety of case studies: <u>http://www.cakex.org/</u> U.S. Global Change Research Program: <u>http://www.globalchange.gov/</u>

Midwest Resources

GLISA – Headquarters for all climate data in the Midwest region: <u>http://glisa.umich.edu/</u>

Michigan Resources

Michigan Climate Coalition: <u>http://miclimatecoalition.org/</u>

- Hazard Mitigation: Michigan Hazard Mitigation Plan
- Community Health: Michigan Health Adaptation Plan
- Agriculture: http://shop.msu.edu/product_p/bulletin-e3149pdf.htm

Energy: http://glc.org/energy/glew/pdf/GLEW-Phase-I-Report-FINAL.pdf



Global Climate Change

Impacts in the United States



Activity #1

Please refer to the handout in your packet to answer the following questions:

- 1. What climate impacts have you seen in your community? Has there been an impact to public health?
- 2. Has your community had meaningful conversations about climate change? Are these issues difficult to bring up in your community? If so, why?

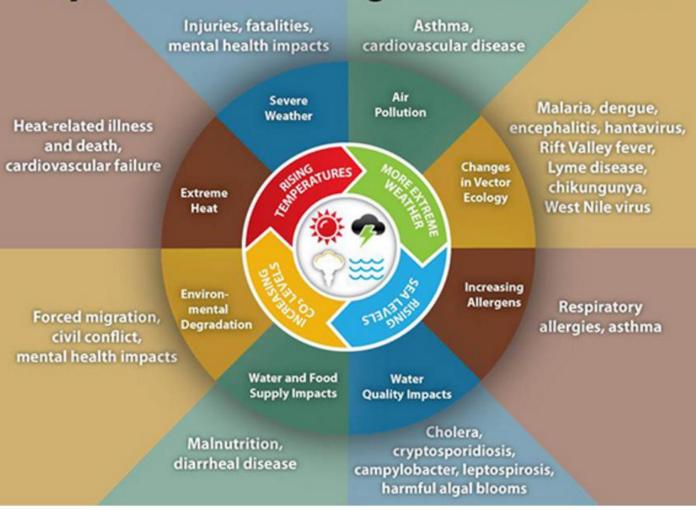


Source: MICHAP

The Climate and Public Health Connection

"Climate change is one of the most serious public health threats facing our nation. Yet few Americans are aware of the very real consequences of climate change on the health of our communities, our families and our children."

> Georges Benjamin, MD, Executive Director American Public Health Association



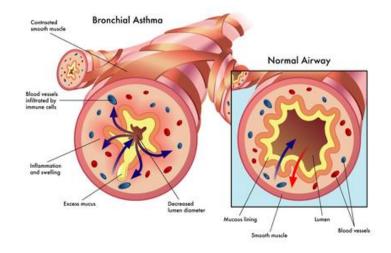
Impact of Climate Change on Human Health

http://www.cdc.gov/climateandhealth/effects

The Michigan Climate Health Profile identifies 5 priority Health Outcomes due to Climate Change:

- **1.** Respiratory Diseases
- 2. Waterborne Diseases
- 3. Vector-borne Diseases
- 4. Carbon Monoxide (CO) Poisoning
- 5. Heat Related Illnesses

Respiratory Diseases





Overall, projected conditions favor increased air pollution and worsening respiratory disease. Climate projections also favor an earlier and longer growth period for plants indicating increased pollen levels, which could increase allergies and exacerbate symptoms including asthma.

Waterborne Diseases



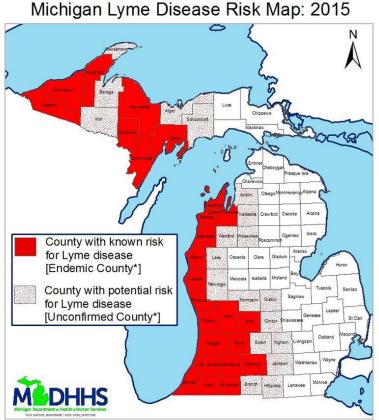
April 2013 Grand Rapids Flooding Event – mlive.com



Lake Erie Algal Bloom, 2013

In general, climate conditions leading to flooding will be the same or more intense in the future. This leaves areas vulnerable to sewage/septic failures and runoff at increased risk for waterborne diseases and in certain areas, development of harmful algal blooms.

Vector Diseases



* Lyme disease risk in this map is based on known, field confirmed populations of infected blacklegged ticks, or laboratory confirmed human cases.

a) Counties labeled "endemic" are counties where infected tick populations have been confirmed - and/or -

MDHHS Emerging & Zoonotic Infectious Diseases Section: Revised April, 2015

Two or more laboratory confirmed human cases have been identified with local exposure. b) Counties labeled "unconfirmed" are conties bordering endemic counties, but which do not meet the above criteria for "endemic" counties.





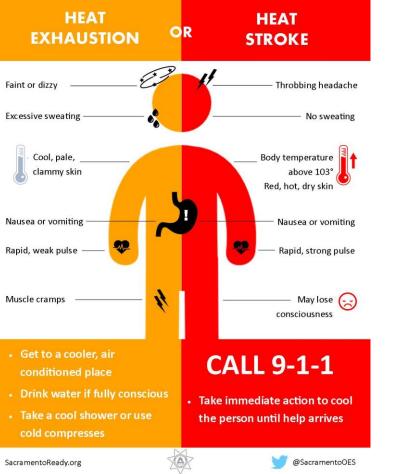
Projections point to warmer winters, earlier springs, and warmer summers. Each of these are conditions suitable for West Nile Virus and its mosquito vector. Similarly, current and future conditions are suitable for Lyme disease and its tick vector although there is greater difficulty in projecting the burden based on the complex sequence of climate conditions and the tick's life cycle needs.

Carbon Monoxide (CO) Poisoning



Extreme weather events conducive to power outages are projected to increase, especially in winter, leading to increased use of generators and thus increased risk of CO poisoning. Clean up after an event by using power washers may also increase risk of CO poisoning. Freezing rain and flooding increases will raise traumatic injury risk.

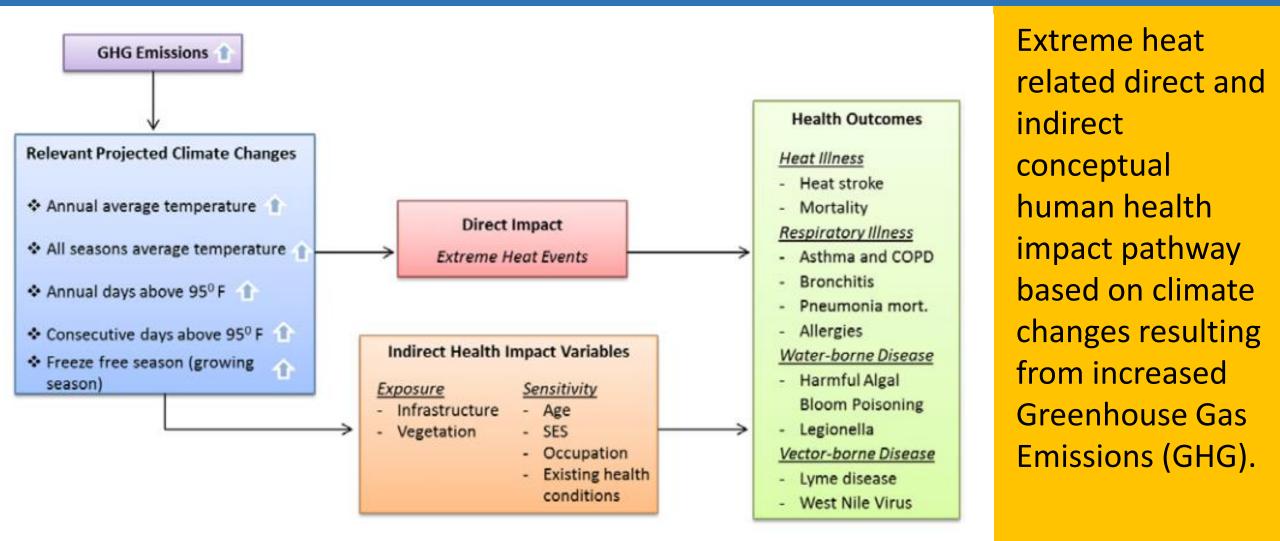
Heat-Related Illnesses





Air mass stagnation events may increase in frequency if high humidity occurs with high temperature and low winds, leading to increased heat stress-related morbidity and mortality. Projected increasing numbers of high heat days by mid-century suggest there will likely be large direct impacts on human health, especially if occurring simultaneously with other variables such as urban heat island effect.

Pathways – Example for Extreme Heat Events



Primary	Secondary	Tertiary
Reduce or eliminate exposures projected to occur with climate change.	Aims to prevent the onset of adverse health outcomes related to a climate exposure.	Measures to reduce long-term impairment and minimize suffering caused by existing disease.
Ex) Redesigning water and waste water systems to reduce flooding and contamination thereby increasing resilience to increasing precipitation and more frequent and extreme events.	Ex) Strengthening disease surveillance programs to provide early intelligence of the emergence or re- emergence of vector- borne disease.	Ex) Proper identification and treatment of health impacts related to or exacerbated by heat illness and stress.

Source: MDHHS, MAP 2015 Conference

Public Health Interventions

There are a variety of public health *Adaptation Preventions* that range from reducing the environmental exposure to lessening the impact of an existing disease.

	Public Health		
Intervention	Public Health Benefit	Community Planning Benefit	Ририс пеани
Increase access to and diversify transit opportunities	 Increased physical activity Reduced localized air pollution including ozone Greater access to social services and health care 	 Reduced traffic congestion Increase customer access to businesses Support market based, high density, multi-use development 	and Planning Co-Benefits
Utilize "complete streets" design strategy	 Increase tree canopy coverage for shade Increase walkability and bike-ability Reduction in CSO and sewer backup events 	 Storm-water management from green infrastructure Reduce wear and tear on infrastructure Place based economic development 	Many adaptation interventions for positive health outcomes have
Energy diversification and reduction strategies	 Reduced regional and localized mercury, SOx & NOx, particulates Reduced opportunity for power outage related impacts 	 Reduce stress on vulnerable energy systems Stabilize and even reduce energy costs 	substantial community planning benefits as well.

Source: MDHHS, MAP 2015 Conference

Actions of No Regret

Public health climate adaption actions make communities better, more vibrant places to live.



Select a Ranking:

HEALTH OUTCOMES

Saginaw (SA)

County Snapshot | Additional Measures

Areas to Explore ON OFF

Rank 🔻	County	Health Outcomes
1	<u>Ottawa (OT)</u>	Length of Life
2	<u>Leelanau (LL)</u>	Length of Life
3	Alger (AG)	Premature death
4	Houghton (HO)	Quality of Life
5	<u>Charlevoix (CH)</u>	Poor or fair health
6	<u>Clinton (CN)</u>	Poor physical health days
7	Livingston (LI)	Poor mental health days
8	Grand Traverse (GT)	Low birthweight
9	Washtenaw (WA)	Health Factors
10	Midland (MD)	
11	Missaukee (MI)	Health Behaviors
12	Chippewa (CI)	Adult smoking
13	<u>Allegan (AE)</u>	Adult obesity
14	Emmet (EM)	Food environment index
15	Gogebic (GO)	Physical inactivity
16	Luce (LU)	

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Saginaw CountyTrendError MarginTop U.S. PerformersMichiganRank (of 82)Health Outcomes799999Length of Life52007.21865Premature death8.023Image7,566-8.4795.2007.2187Quality of LifeImage7,566-8.4795.2007.21877Poor or fair health15%112.17%10%14%1Poor or fair health15%3.3-4.42.53.611Poor mental health days3.83.2-4.42.33.711Low birthweight9.8%10.45.9%8.4%16Health FactorsImage16-22%14%0%61Adult smoking19%Image35-42%25%32%11Adult obesity39%Image35-42%25%32%11Physical inactivity26%Image23-30%20%23%11							
Length of Life 65 Premature death 8,023 7,566-8,479 5,200 7,218 78 Quality of Life 78 10% 14% 78 Poor or fair health 15% 12-17% 10% 14% 76 Poor physical health days 3.9 3.3-4.4 2.5 3.6 76 Poor mental health days 3.8 3.2-4.4 2.3 3.7 76 Low birthweight 9.8% 9.4-10.3% 5.9% 8.4% 67 Health Factors 5.9% 8.4% 67 Adult smoking 19% 16-22% 14% 20% 67 Adult obesity 39% 35-42% 25% 32% 67			Trend ฤ			Michigan	
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67 Adult smoking 19% 16-22% 14% 20% Adult obesity 39% 25% 32% 25% Food environment index 7.0 8.4 7.2	Low birthweight	9.8%		9.4-10.3%	5.9%	8.4%	
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Adult obesity 39% 25% 32% Food environment index 7.0 8.4 7.2	Health Behaviors					67	
Food environment index 7.0 8.4 7.2	Adult smoking	19%		16-22%	14%	20%	
	Adult obesity	39%	~	35-42%	25%	32%	
Physical inactivity 26% 23-30% 20% 23%	Food environment index	7.0			8.4	7.2	
	Physical inactivity	26%	~	23-30%	20%	23%	

National Environmental Public Health Tracking Network http://ephtracking.cdc.gov/showHome.action

Non-profit Hospitals conduct a Community Health Needs Assessment: http://www.astho.org/Programs/Access/Community-Health-Needs-Assessments/

Public Health Data Sources

- Robert Wood Johnson County Health Rankings
- National Environmental Public Health Tracking Network
- Refer to the Community Health Needs Assessment conducted by your local hospital
- Local Health Assessments

Two Valuable Tools for Planners, Policy Makers, and Health Officials:

- 1. Vulnerability Assessment
- 2. Health Impact Assessment



Identify the Risk

Both types of assessments promote good planning policies, regardless of climate change predicted impacts

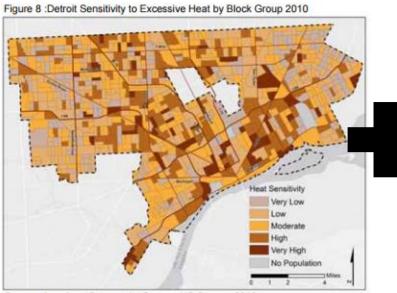
Vulnerability = Sensitivity + Exposure

- 1. Identify community vulnerabilities that can be addressed to increase resilience. Key concerns are in respect to public health/welfare, property values and infrastructure, and natural resources.
- 2. Serve as a tool to assist community officials in choosing policy options that foster resilience in the face of unforeseen challenges.

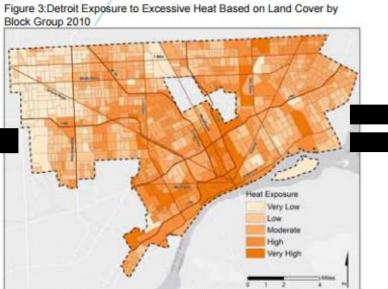
Community Vulnerability Assessments

"A vulnerability assessment is a first step in climate adaptation, just as a risk assessment is an early step in risk management." Michigan DNR

Heat Vulnerability Assessment

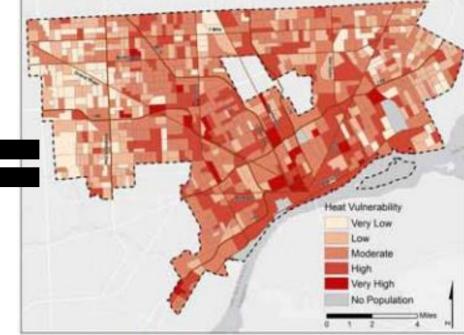


Source: American Community Survey; US Census 2010 Map Prepared By: University of Michigan Detroit Climate Capstone



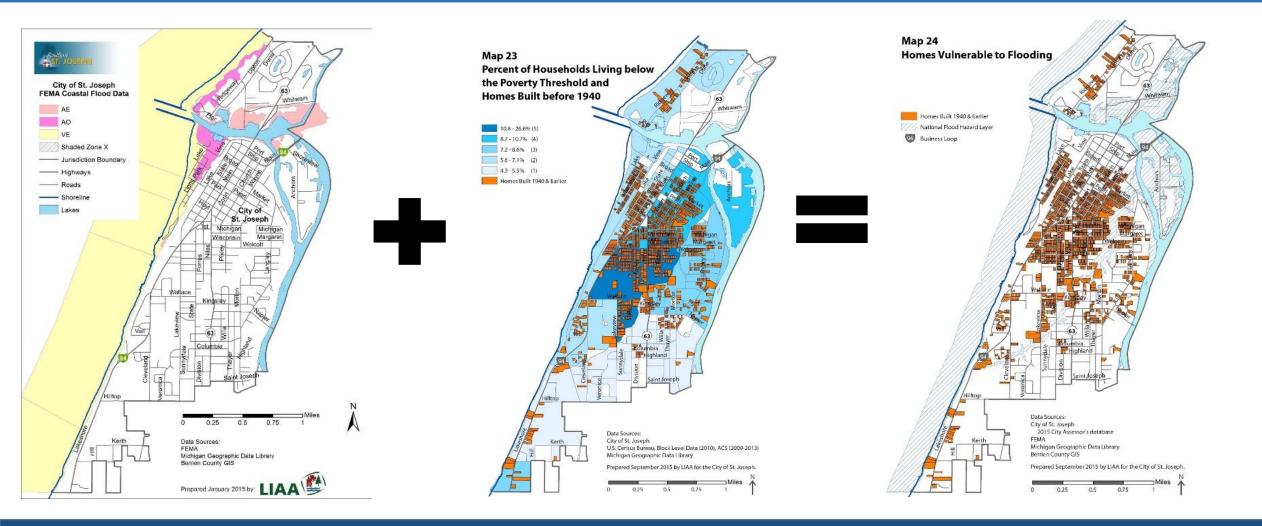
Source: USGS GloVis LandSat 7 ETM+; US Census 2010 Map Prepared By: University of Michigan Detroit Climate Capstone

Figure 9: Detroit Heat Vulnerability by Census Block Group 2010



Source: USGS GloVis LandSat 7 ETM+; American Community Survey; US Census 2010 Map Prepared By: University of Michigan Detroit Climate Capstone

Flooding Vulnerability Assessment



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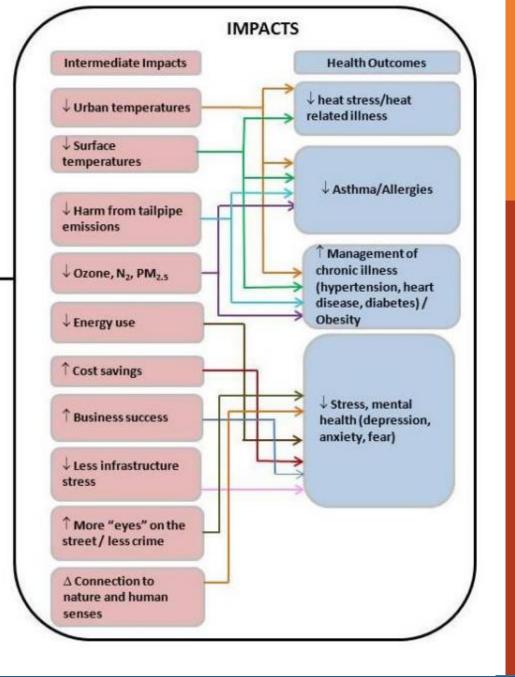


Health Impact Assessment

An HIA is a "means of assessing the health impacts of policies, plans, and projects in diverse economic sectors using quantitative, qualitative, and participatory techniques"

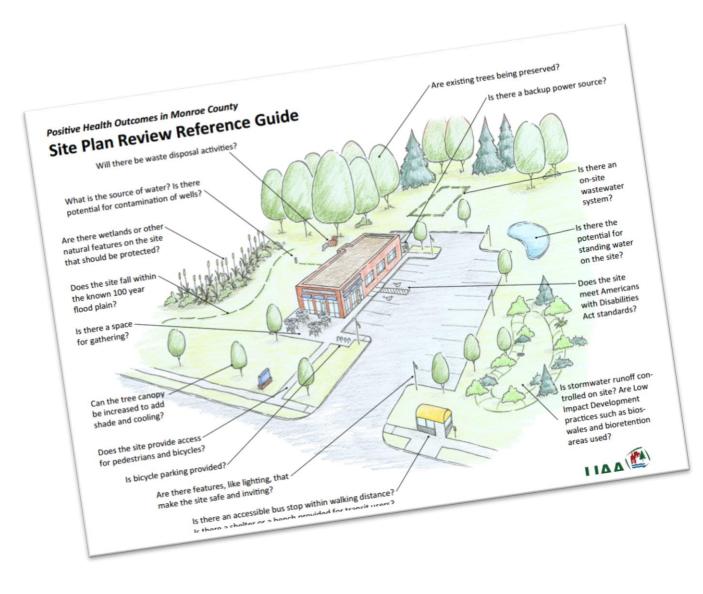
SOURCE: Adapted from: R. Bhatia, "Health Impact Assessment: A Guide for Practice," Oakland, CA: Human Impact Partners, 2011.





Tree Canopy HIA in Ann Arbor

"A spatial assessment to determine where increase in tree canopy would be most beneficial to residents' health."



Monroe County HIA

<u>Project</u> Goal: How can planners make decisions that foster better positive health outcomes?

- Convened a series of Focus Groups with Planners, Local Health Officials, Social Service Agencies, and Others
- Site Plan Review Reference Guide
- Video for Planning Commissioners

Activity #2: Using Scenarios to Develop Solutions

The GOAL of this exercise is to develop solutions to a series of potential climate future scenarios, which include:

- 1. Extreme Heat Scenario
- 2. Heavy Rain and Flooding Scenario
- 3. Severe Drought and Wildfire Scenario
- 4. Winter Storm Scenario

As a group, please develop short-term and long-term resilience solutions as they relate to your scenario.

Refer to the scenario handout in your packet for scenario descriptions and for corresponding questions regarding emergency response and long-term adaptation.

Institutionalize without Extra Funding

Identify Opportunities to Integrate Health Actions into Existing Community Plans and Documents

- Examples:
 - Green Infrastructure Plan
 - Hazard Mitigation Plan
 - Climate Action Plans/Sustainability Plans
 - Resource Management Plans
 - Placemaking Initiatives

Include a Community Health Profile in the Master Plan

• Example: Monroe, City of Lansing

Engage Diverse stakeholders with broad perspectives

- Social Service organizations (e.g. Red Cross, United Way, GoodWill)
- Emergency Managers (severe weather risks)
- Local Businesses (livable communities)
- Environmental Organizations (interested in air quality and storm water run off)
- Community organizers (often bring environmental justice perspective)

Weave health-concepts throughout the Master Plan



The Master Plan Process

"As planners have a stronger understanding of their role in shaping public health outcomes... they can contribute to creating built environments that support healthy living throughout the lifetime."

American Planning Association, Healthy Plan Making

Grand Rapids Sustainability Plan

This serves as a 5-year strategic plan for the City. Each department has specific goals and metrics, based on the triple bottom line.

Specific Metrics that Relate to Public Health:

4. HEALTHY LIFESTYLES AND HEALTHY ENVIRONMENTS

4.1 Improve access to local food sources.

4.2 Increase and maintain human health and wellness.

4.3 Increase availability of recreational programs/facilities.

5. PUBLIC SAFETY

5.1 Reduce the occurrence of crime.

5.2 Reduce the loss of life and property from fire and emergency medical calls.

5.3 Ensure capacity for responding to emergencies and disasters.

5.4 Increase crime prevention, neighborhood public safety, and neighborhood-based leadership or involvement.

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Hazard Mitigation Planning

Used data developed by Great Lakes Integrated Sciences and Assessments to convene focus groups. Attendees included:

- hazard mitigation
- emergency response
- municipal planning professionals



www.hrwc.org/climate-resilient-communities

Risk	By Mid-Century	By End of Century	Summary
Convective Weather (Severe Winds, Lightning, Tornadoes, Hail)	?	?	While extreme precipitation has increased dramatically in the region, specific severe weather types, such as tornadoes and hail, have remained relatively stable over time.
Severe Winter Weather Hazards (Ice/Sleet Storms and Snow Storms)	?	+	Warmer, shorter winters will reduce the period of the year in which winter impacts are likely to happen, but some areas may see more ice, sleet, freezing rain, and wet snow with slightly warmer winter temperatures.
Extreme Temperatures	•	††	The number of extremely hot days, over 95°F, 100°F will likely increase, though not as fast as in areas farther south. Overnight lows have warmed faster than daytime highs, which may lessen opportunities for relief during heat waves.
Flood Hazards: Dam Failures	•	**	Stronger and more extreme precipitation events coupled with aging dam infrastructure will increase the probability of dam failure, if appropriate measures are not taken.
Flood Hazards	+	***	Stronger and more extreme precipitation events coupled will be more likely to overwhelm stormwater infrastructure without appropriate adaptation efforts.
Fire Hazards: Wildfires	?	•	Summer drought and the number of consecutive dry days may increase in the future, despite more precipitation annually, increasing the risk of wildfires.
Drought	?	+	Summer drought and the number of consecutive dry days may increase in the future, despite more precipitation annually.
Infestation	•	•	With shorter winters and longer growing seasons, the climate may become more suitable to invasive species and pests currently found elsewhere.

Ongoing Monitoring and Evaluation

1. Build monitoring capacity into the project plan and budget

2. Look for indicators with readily available data

- Health Outcomes and Health Factors County Health Rankings
- Miles of Bike Lanes or Transit Routes in your Community
- Air Quality The Environmental Protection Agency provides different types of air quality data (<u>https://www3.epa.gov/air/airpolldata.html</u>)
- Water Quality (<u>http://water.usgs.gov/owq/data.html</u>)
- Food Desert Mapping
- Vulnerability Assessment Updates

Example Indicator Tracking

3,500

ACRES OF WETLANDS in the Grand Haven Community. Each acre of wetlands can retain up to one million gallons of water!

How **Resilient is** the Grand Haven Community in 2016?

58% TREE CANOPY

trees.

RESIDENTS Over 13,400 acres of the Grand of the Grand Haven Haven Community Community rode is covered in trees. Beyond looking beautiful, trees help absorb flood water and provides habitat and shade. To

maximize these benefits, research suggests that at least 40% of a community should be covered by

bikes for fun in 2014, 18% more than the national average!

2,300

15% **OF RESIDENTS** in the Grand Haven Community live within a 1/2 mile walk of a grocery store. Access to fresh food is a strong health benefit that addresses food deserts and increases

local resiliency.

6,200 \$123 RESIDENTS walked for leisure last year in the Grand Haven

11% PAVED SURFACES Over 2,500 acres of the Grand Haven Community

is covered in impervious

surfaces like driveways,

degrade water quality, as

stormwater runs off into

buildings, and roads.

Impervious surface

in excess of 10% can

lakes and rivers.

MILLIONS OF DOLLARS may be at risk in property values during times of heavy flooding and average water levels on Lake Michigan.

334 **STRUCTURES** may be at risk during times of heavy storms and average

water levels.

500 COMMUTERS

get to work in ways other than driving alone. This is a 95% increase since 2005-2009!

CRITICAL SERVICES like hospitals and schools are located in high risk flood areas.

0

Research on economic recovery has shown that communities with a high share of manufacturing jobs and with poorly educated populations are more susceptible to economic downturns. Additionally, when income gaps between rich and poor are high, economies are more likely to experience shocks and take longer to recover.

MANUFACTURING

EDUCATION

65.9% of

adults in the Grand

at least some college

53.9% of

adults in the State

Haven Community have

education compared to

INCOME GAP COEFFICIENT

21% of all

jobs in the Grand Haven Community are in manufacturing compared to

17% of all jobs in the State.

.41 in Ottawa.

.40 in the State.

A '0' means everyone makes the same income and '1' means one person makes all the income and everyone else makes no

Ideas for Funding

Local Funding

- Tax Increment Financing
- Local Community Foundations

U.S. Dept. of Housing and Urban Development

- Sustainable Communities Planning Grant Program
- Community Development Block Grants

Transportation-related Funding

- Surface Transportation Block Grant (STBG) program
- Congestion Mitigation Air Quality Funding

Infrastructure

Stormwater, Asset Management, and Wastewater

PACE (property-assessed clean energy) Program Center for Disease Control and Prevention

• Example: Community Transformation Grants (2011-2014)

Healthy Communities grants

• Historically come from Kellogg Foundation, Kresge Foundation, and Robert Wood Johnson Foundation.

Activity 3

MICHAP needs your input to help determine their activities for the next five years. They must choose and implement interventions to reduce the harm to public health that can occur from the following climate-related environmental conditions: heat waves, poor air quality, and poor water quality.

Please refer to the handout in your packet to answer each question.

Guidance on the Michigan Climate and Health Adaptation Plan (2010-2015)

Goal #1: Climate change will be recognized as a public health issue and integrated into public health practice.

Goal #2: Public health agencies will have the resources, tools and activities for responding to climate change impacts integrated /included in their existing programs.

Goal # 3: Vulnerable populations and their needs will be explicitly considered in programs and policies addressing health impacts associated with climate change.

Wrapping Up

- Public Health and planning professionals have the same overall goals for creating healthy communities.
- Severe weather events are increasing in frequency and intensity and have a broad range of impacts on human health. Planning policies can be used to mitigate these impacts.
- Politics and ideology associated with the climate change debate are not necessary to bring into the community conversation regarding positive public health outcomes.
- Positive public health outcomes can be fostered through a variety of planning processes.
- There are many opportunities for engaging public health professionals in planning processes.

Next Steps:

- 1. Update the Michigan Department of Health and Human Services MICHAP
- Interested in LIAA's Resilient Communities program? Please email resilientmichigan@liaa.org